

# Container Gardening SECRETS



**Effortless Ways To Grow Vegetables  
Using Gardening Containers**

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## Introduction

So you want to start your very own garden but don't know exactly where to start? There are many different ways that you can start creating your own garden even if you don't know that first thing to gardening. One of the best forms of gardening that has become very popular nowadays is container gardening.

For people that do not own a tiller or don't have the extra space on their property to create a garden, this has become an instant solution to still be able to grow your own herbs and vegetables. Some find this technique of gardening more beneficial to their plant growing efforts as well.

Although this is a simpler way to start gardening on your own, there are a few things that you will still need to keep in mind in order to ensure that you reach gardening success using containers. As with any type of garden, the success of growing your herbs and vegetables depends on how much light the plant will receive as well as what type of soils to use within your containers.

One great advantage you have to setting up your own container garden is that you can move the plants easily and test how much light the plant needs or doesn't need and adjust it accordingly. However, the biggest advantage to using containers versus your typical garden is that you will come out a great deal cheaper by using this particular method.

Many people don't own acres upon acres of land to setup their own garden and find this method to be a great solution for small spaces and having the convenience of placing your herbs and vegetables in convenient locations such as a patio or front porch.

There are many different things that need be looked at if you are deciding to create your very own "container garden." In this special report we will be going over all of these many different aspects when it comes to container gardening including the best soils to use in your containers, different plants and herbs that can be successfully planted and grown in a container, as well as the benefits to using container gardening versus your traditional outdoor garden, just to name a few topics.

Before you know it you will have your very own container garden growing your very own homegrown vegetables in no time! And the best part is you didn't have to take up as much space as you would with your average garden! So let's not waste anymore time and get started on everything that you need to know to create your own successful container garden!

## Finding The Right Container

Okay, so you are ready to start your very own container garden and the first thing you will need to do is of course find out what type of containers you are going to use for your container garden. There are many different types of containers that you can use and should be looked at when selecting a container for your plants. You can literally get creative at this point and use many different objects as containers such as an old boot or an ancient urn.

The main thing you need to take in consideration when choosing a container to store your plants in is making sure that it drains well. If your container does not drain well then the roots will rot due to the soggy wet soil. You also want to make sure you choose a container that won't allow your plant to get too hot while sitting in the sun.

If the containers you choose to use doesn't have an adequate source for drainage then you can always create your own drainage holes in the container. Drilling one hole is sufficient just make sure that the hole is a decent sized hole to ensure you get the proper drainage you need.

There are also ways around drilling and punching holes into your container. If the container you have chosen to use is a container that you don't want to necessarily create holes in then you can always plant your plants in another container that will fit inside your container that you want to use. This way you can still use the container you want and still give your plants the adequate drainage they need to live.

You also need to keep in mind the importance of selecting a container that is the right size for your growing plant. A lot of people don't think about this aspect of container gardening and believe it or not, this does play a big role in whether or not your plant grows the proper way. If you choose a container that is too small for the plant then the plant will become root bound and in turn the soil will not be able to hold moisture when you apply water to your plant.

A plant that is dried out or wilted will not create you the results you want, so it is very important that you select a container that will allow your plant space to grow as well as room to give your plant the water and moisture it needs to live and grow productively. A great tip to remember when selecting a container for your plants is choosing a container that is in proportion to the size of a full grown plant.

Many container gardeners have found that using a container that is one third as tall as the plant is often the best way to select your plant. Make sure that you are measuring from the very bottom of the pot where your soil line begins to the highest leaf of your plant and then select your container accordingly.

You also want to make sure that the container you select is not too large as well. Using a container that is larger than the plant can sometimes make your plants devote all of their energy to root development and not the actual plant growing process.

Shallow rooted plants such as peppers, herbs, and lettuce need a container at least 6 inches in diameter as well as a 8 inch soil depth. However, when it comes to growing tomatoes, certain beans, perennials, and cucumbers a larger container may be your best bet. For plants such as these you want to use a large bushel basket or a large whisky barrell, which is what most container gardeners have found to be very successful in the growth of those particular plants.

There are many different types of containers that you can select and come in all different types of shapes, sizes, and materials. For whatever type of container you select you want to make sure that you keep all of these aspects in mind to create a container gardening success and not a waste of time and money.

So make sure you plan accordingly and find the right containers for your plants. Let's take a look at some different types of containers that can be used and that will help you when it comes to selecting the right container for you and your plant.

### *Plastic Containers*

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Selecting a plastic container is by far the most inexpensive container to use for your plants. If appearance is not a priority to you when it comes to container gardening or if you are growing a plant that will grow to cover the pot itself then using a plastic container is a great option. One of the great benefits to choosing a plastic container is that they are durable and hold moisture very well.

Plastic containers are also very lightweight which makes it easier to move from space to space. One thing you do need to keep in mind when selecting a plastic container to store your plants in is that you don't choose a dark colored container if you are going to be storing your garden in a sunny location. Darker colors absorb more heat and will cause your plants to get very hot which can often damage roots. Using lighter colored containers keep the plants and roots cool and reflect heat.

So if you are looking for an inexpensive, durable, and light weight container to plant your herbs and vegetables in then choosing a plastic container might be just the right container for you and your garden.

### *Wood Containers*

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This is one of the most natural and practical containers to use for your container garden. Wood containers not only look great but they also hold water very well also. Wooden containers can also be very lightweight which will make it easier to move and shift around your garden.

When you are selecting a wood container you want to make sure that you are choosing a wood container that are rot-resistant woods such as redwood or cedar wood. You want to also make sure that you check the container to make sure that they are constructed in highest of quality because wood will shrink and expand as well in time.

You can also choose to use wooden containers made of soft wood or pine. However, you want to make sure that if you purchase a soft wood or pine container that you paint it with a non-toxic paint or stain to help prevent future rotting. Although you can purchase a wooden container fairly inexpensive, you can also construct your very own with scrap wood and some nails. There are tons of designs and creative ideas that can be found online and in gardening guides that will show you step by step the entire construction process.

Many container gardeners opt in to selecting the wood containers for their plants because of the natural look they give your garden and can be used when creating your very own container garden.

### *Concrete Containers*

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The great thing about using concrete containers for your garden is that they give your plants good insulation which can protect tender roots by providing them with the right soil environment. The fall back to using concrete containers is that they are very heavy so it makes it harder to make them as mobile as you would like.

However many of your larger plants need this type of heavy construction because it provides your plant with the support it needs. If you are keeping your plants in a public or more exposed area then this can also give you an advantage. Your plants will less likely fall victim to theft by others because of the heavy container the plant is stored in. Although it may sound crazy that someone would steal a plant it does happen and frequently.

Another great thing about using concrete planters is that they can be left outside in the winter without any harm to the container which is a great advantage to ensuring that your plants are productive. Concrete containers come in various shapes, sizes, and colors and can even be created yourself with the right amount of materials and designs.

So if you are thinking about growing larger plants that need that much needed support then purchasing concrete containers may be your best bet when creating your container garden.

### *Terra – Cotta*

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These type of containers are made up of clay as well as rich in iron. Terra-Cotta containers are also available in a variety of shapes, colors, and sizes. Terra – Cotta containers also have a very earthy look to them which will enhance the true beauty of your plant.

Terra-Cotta containers also give your plant the ability to breathe which in turn keeps the soil that is in the container cool and alleviates excess moisture away from your plant's roots. This is all around a healthy environment for your plant and an excellent container to go with to ensure that your plants are productive.

The only downfall to terra-cotta containers are that they are very fragile and if left in cold conditions can even crack. This type of container can also dry out very quickly especially in sunny areas. Many container gardeners choose a terra-cotta container that is glazed because they tend to hold more water and are quite a bit more effective in the success and growth of your plant.

### *Fiberglass Containers*

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Another type of gardening container you can use is a fiberglass gardening container. A fiberglass container is very lightweight and can be found in various different designs. Fiberglass containers are very effective because they keep excess moisture from reaching your plants roots.

Fiberglass containers can also be very inexpensive, some of which can be redecorated to create a unique container that will be a great addition to your growing garden.

### *Metal Containers*

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This is another great and inexpensive container that you can purchase to store your cherished plants. You can find all different types of designs, sizes, and colors to correlate with your entire garden theme. The only downfall to purchasing metal containers are that they heat up quickly and also conducts cold within the container.

**Hanging Containers and Window Containers** – Hanging containers and window containers are also a great option to consider when deciding on what types of containers to use for your plants.

The great thing about hanging containers and window containers is that they add a curb appeal to the scenery. Not only can your plants receive an adequate amount of water and sunlight but they can also give your surrounding area a beautiful look.

There are many different types of hanging and window containers such as hanging baskets, wrought iron baskets, clay and mud baskets, as well as clay and mud window containers. Both hanging and window containers can be found in different designs, colors, and sizes and would be a great addition to your growing garden and an added look to your outdoor surroundings.

As you can see there are many different types of gardening containers that you can select from to start growing the garden you have always dreamed of. Be sure to check around and research to find out which container is going to work out best for you and your plants.

Keep in mind that you can create your own containers as well with the right amount of knowledge and materials. Creating your own gardening containers gives you the ability to create plant containers to your preference or likings.

After you have selected the right gardening containers for your plants your next step is finding the right soil to put into your containers to ensure that your plant grows healthy, rapidly, effectively, and beautifully! So let's take a look at the different types of potting soils and specifics that you need to know when creating your own container garden.



## What Type Of Soil To Use In Your Gardening Container

So, now that you have your gardening containers, it's now time to get the right soil for your gardening containers to ensure that your plants grow healthy and productive. Although many of your store bought soils will do, you can also choose to mix and blend various different types of soils to provide your plant with the right mixture for virtually any type of plant you choose to place in a container.

There are many different benefits to using a particular type of soil in your gardening containers. Let's take a look at the different types of soils that you can choose from as well as the benefits they have for your growing plants.

### *All-Purpose Soil*

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This type of soil is a sterilized mixture of both perlite or sand and peat moss. Normally this is used for trees and shrubs but is also very beneficial to container plants. This type of soil can also be used long term and is commonly referred to as loam-based potting soil.

One of the main advantages to using all-purpose soil is that it is full of good nutrients and is very helpful in holding water better than your average potting mix. However, brand names also play a big role in the success of your plant growing efforts. So make sure that you do your research to find out what types of all-purpose soils are best if you decide to use an all-purpose soil for your gardening containers.

### *Peat-Based Soil*

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This type of soil contains a mixture of sphagnum peat moss, perlite or sand. Perlite is lightweight, sterile, and is made from volcanic materials.

The best thing about perlite is that it helps with ventilation in potting soil mixtures. Peat-based soil also contains dried manure, vermiculite, and compost which are all soil additives.

You want to make sure that you keep this type of soil damp because this type of soil will dry out very quickly. After the peat-based soil mix has dried out it is very hard to get it back to the condition it needs to be in. One of the biggest advantages to using peat-based soil is that it is lightweight, fairly inexpensive, sterile, and easy to use.

However, this type of soil will dry out quicker than other types of soil mostly because the soil itself contains a very low nutrient levels. Although this won't be a factor when it comes to the production and success of your plant growth, you want to make sure that you store all unused potting soil in a cool and dark place to ensure that the soil doesn't dry out before you use it on your next plant container.

### *Coir-Based Soil*

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This type of soil is also very inexpensive, lightweight, and is ideally used used for hanging plants and window planters. This particular soil can come in two different forms, loose potting mix or in blocks. Coir-based soil is primarily made up of shredded coconut husks.

Coir itself contains no nutrients itself so other types of potting soil is mixed in as well to provide nutrients for you plant through the soil.

There are however some downfalls to using coir-based soils such as you can not use this type of soil is not to used on permanent plants and can dry out very quickly. When using this type of soil you want to make sure that you water the plant and soil regularly or you will find your plant dried out, your soil dried out, and a waste of time and efforts.

### *Peat-Free Soil*

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This is by far one of the top soils used today by consumer for their gardening containers. The main reason consumers prefer to purchase peat-free soil versus other types of soils is because it is made environmentally friendly. Peat-free soil is mainly created by from recycled household waste and retains a dark rich color.

There are many advantages to using this type of soil. Peat- free soil is very fine and has an ample amount of nutrients as well as keeps excess moisture from your plants roots. Another great thing about peat-free soil is that its heat treated which in turn will kill any pests, weeds, and other types of diseases.

The only downfall to this type of soil is that some types of plants will work with the soil while others will not. That's why it's very important that you research the type of plant that you are placing in your gardening container to make sure that this type of soil is alright and will work for your particular plant.

### *Well-Drained Soil and Water-Retentive Soil*

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Well-drained soil is a sterilized soil that has a combination of peat moss, leaf molds, grit, sand, and soil. Most commonly woodland and alpine types plants need this type of soil to be productive. This is a slightly drier soil to use but has many benefits for various types of plants.

Water -retentive soil is a type of soil is a mix of all-purpose soil and a combination of water retentive crystals and ingredients that can be used on many different types of plants. This is a great way to ensure that your plant receives the nutrients that it needs from the soil as well as the ingredients within the entire mix.

### *Cacti Soil*

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This type of soil is specifically for cacti plants. Cacti sole is a combination of ground limestone, gravel, sterilized soil, vermiculite, and sand. You can also use this type of soil for succulents as well and gives the plant the right combinations to give you a productive and healthy plant in the end.

### *Acidic Soil*

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This type of soil is a combination of all-purpose soil, peat moss, ground pine or fir bark. This is a great soil for specific plants such as azaleas. Although it may sound crazy to give your plant any form of acid for fear of the plant dying, however the type of acid used within this type of soil is very mild and actually improves the strength and healthiness of certain plants.

## Recipes For Homemade Potting Soil

So, you really want to gain a green thumb and a knowledge about gardening? Why not create your very own soil with all the ingredients that you need for your specific plant or plants? Not sure where to look? Here are a few of the top soil recipes that will give your plants the nutrients they need and the know-how when it comes to preparing a soil that will be beneficial for the growth of your plant... from your very own hands.

### *Basic Potting Mix*

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One of the best basic potting mixes contain 3 parts peat moss or coir and one part perlite. For ever 1 gallon of mix you create you want to add 1 tablespoon of ground limestone. You want to make sure that you wear a dusk mask when you are mixing these components because they do happen to be very dusty and can be very unhealthy for you to inhale and handle. After you have your lime mixed in well with your other soil components you may want to add warm or hot water to continue mixing.

It is better to have a moist mixture and makes it easier to mix all of your components as well. You do want to be careful about how much water you use and that you don't over do it because the peat moss does absorb water rapidly. This basic potting mix can be used for most any plants with the exception of cacti, orchids, and carnivorous plants. All of these types of plants will need additional ingredients added to ensure their health and productivity.

### *Amendment Recipe*

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In this recipe you can grab your ingredients by the handfuls or with a scoop. You want to keep the same amounts for each handful. For this soil you will need 1 part greensand, 1 part cottonseed or blood meal, 1 part compost, 1 part sulphomag, 1 part bone meal, and 1 part dried worm castings. Each of these ingredients serve a specific purpose within the soil.

The greensand ingredient provides the plant with more potassium and iron, the cotton seed or blood meal provide the plant with nitrogen, both the compost and dried worm castings provide the plant with nutrients and micro nutrients, the sulphomag provides your plants with sulfur, magnesium, and potassium, and the bone meal provides your plants with calcium and phosphorous.

After you have created your mixture of all of the above ingredients you then want to add anywhere from 4-7 tablespoons of the mixture to basic soil-less potting mix. This is an organic mix and will give all the nutrients to your plant that it needs.

This particular mixture will also not burn out your plants like some soil products can do. The actual potassium in the mixture will help your plant or plants fight off any diseases that they can contract. The extra potassium will also help your plants tolerate cold temperatures.

In some cases using cottonseed meal or blood meal will cause a harmless mold growth that can be found on the surface of your soil. However you can control the appearance of mold on your soil by sprinkling a little cinnamon on the top portion of the soil.

All of the ingredients in the above potting soil recipes can be found at your local co-op store, gardening supply store, and sometimes even plant nurseries will carry these specific items. Check around and once you have all of your ingredients you are ready to create your very own potting soil for your gardening container plants.

You also want to make sure that you keep your unused potting soil moist. Soil can be very hard in some cases to keep moist and will dry out very easily. Adding water to your soil frequently will alleviate dryness and will save you from having to buy the ingredients as often.

You also always want to take caution when it comes to creating your own potting soil. Some of the ingredients can be very harmful if ingested as well as inhaled. So make sure that you have the proper equipment to prevent you from any harmful exposure from the ingredients within either of the recipes. Proper equipment is safety eye wear, dust masks, gardening gloves and shovels or scopes to alleviate your hands from being exposed as well.

These recipes work for most plants however it is a wise idea to check and research to find out if the particular plant that you are planting in your gardening container will not receive any harm from these ingredients.

Your best bet is to test your soil with one plant to make sure that you have the exact measurements correct for that particular plant. As long as you follow the above instructions then you should be okay with most plants, however it never hurts to be on the safe side to make sure that your plant survives and grows to be a healthy and productive plant.

So now that you know your basics when it comes to choosing the right soil for your gardening container plant, you are now ready to choose which soil you want to use. After you have selected or

created your own soil, your next step is to of course start planting your plants in your gardening containers.

In the next chapter we will be going over the best type of plants, vegetables, and herbs to grow in your gardening containers. See you in the next chapter!

## The Best Plants for Gardening Containers

You can plant pretty much anything you want in gardening containers when it comes to vegetables, flowers, and herbs... but which ones work the best? Keep in mind that with many of the plants described in this chapter, you will need to make sure that you purchase a big enough container for them to grow. You can never buy a container that is too big! So let's take a look at some of the easiest plants to grow in your gardening containers.

Let's first start off with the best vegetables:

### *Carrots*

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This is a very popular vegetable to grow in a gardening container because they require little attention while they grow. Simply purchase carrot seeds, create a couple of holes in your gardening containers about an inch deep, and then plant a couple seeds inside each of the holes. Keep the plant watered until the carrots reach maturity.

Once they bud and reach maturity you don't want to use as much water. In some cases once carrots reach maturity they grow at a more rapid rate with a drier soil surface. Before you know it you will have your very own homegrown carrots that the entire household will love!

### *Radishes*

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One of the best things about planting radishes are that they are virtually pest free. You want to make sure that you place your radish plant in a sunny spot because radishes love light. Simply purchase some radish seeds and sow the seed thinly into your gardening container a half inch below the surface of your soil.

You want to make sure that if you are creating multiple plants within one container that you space your holes at least one inch apart from each other. You want to make sure that you water your soil thoroughly before planting your seed. For the next few days you want to water the plant lightly. Radishes are a very rapidly growing vegetable and can sprout a full grown plant in a matter of a couple weeks with the right care of course.

### *Peppers*

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When it comes to planting peppers in your gardening containers, it is wise to use a little bit of compost and Epsom salts. This in turn will make your soil rich with magnesium which will help your peppers develop properly. You will need a larger gardening container for this particular vegetable and depends on exactly how many pepper plants you plan on growing.

Pepper plants grow best in warm soil you want to make sure that you place your gardening container in a sunny location. Simply purchase your pepper seeds, sow the seeds a foot apart from each other. You want to make sure that you water your pepper plants frequently so that the soil is always moist.

### *Onions*

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These are not only tasty additions to your meals but easy to grow plants for containers as well. Once you have purchased your onion seeds, you then plant them a couple centimeters deep in your soil and make sure that your holes are at least several inches apart from each other for better growth of the onion. Onions love water, so you want to make sure that you provide your onion plants with at least 1 inch of water weekly. Keeping the soil moist at all times does help dramatically with the growth of your onion plant.

### *Tomatoes*

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These are also a top plant to grow, especially from a garden container. Who doesn't love a tomato and many say that the best tomatoes come from a home grown gardening container. After you have purchased your tomato seeds you want to sow the seed in a separate tray filled with peat-based compost. Once your seedlings have made two pairs of leaves, your next step is to transfer them into your gardening container. This can be a very tedious process and could determine whether or not your plant will die or survive.

Making sure that your ants have an adequate amount of warmth and sunlight is very crucial in the growing of a tomato plant. Sometimes the best places to place a tomato plant while growing is in a windowsill. Once your plants have matured and are in no danger of any frost or cold temperatures you can then let your tomato plants finish the growth outside for an even more rapid growth. Tomato plants love compost, so make sure that you spread compost on your soil frequently.

Although tomato plants do require a bit more attention than your average vegetable plant, all of the hard work and dedication will pay off the next time you enjoy a juicy burger equipped with a delicious home grown tomato!

### *Peas*

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Are also a great plant to grow in a gardening container. You want to make sure that when you decide to plant peas in your gardening container that you use a well balanced fertilizer. Once you have purchased your pea seeds you want to space each of your seeds at least 2 inches apart and sow them at least 1 in deep in your soil.

You need to make sure that you provide your plant with a way for the soil to drain well. Once you have planted your pea seeds you need to make sure to give it at least a half inch of water every week until the pea plants mature. After they have reached full maturity your plants will then need a full inch of water each week.

### *Squash*

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Is another great plant that can be grown from a gardening container. For the most part squash does good in all types of climates and require very little special attention. Once you have purchased your squash seeds you then want to sew the seeds in a heap pile of composted soil at least.

Generally you will want to grown one squash plant per gardening container for the best results. These little jokers can get pretty big! You want to make sure that you water the plant very heavily every other day. Within a matter of a month you will start seeing your budding plant come to life and produce squash.



## *Beets*

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Are also a very good vegetable to grow from your gardening container. The first thing you want to do is place your beet seeds in water and soak them at room temperature for a day. This will strengthen your seeds greatly and will provide you with better results ultimately.

After you have soaked the seeds for a day, you are ready to plant your beet seeds. Make sure that you plant each beet seed at least 2 inches apart. Beets love water also, so make sure that you water your beet seeds at least once every day.

Remember that you can virtually grow any type of vegetable in your gardening containers, just make sure that you research and find the best ways to plant and effectively grow the particular vegetable you choose to grow.

Now, let's move on to some of the best herbs that you can grow from your garden containers:

- ✓ **Thyme**
- ✓ **Rosemary**
- ✓ **Basil**
- ✓ **Mint**
- ✓ **Sage**
- ✓ **Chives**
- ✓ **Parsley**
- ✓ **Oregano**

All of the above herbs can be grown in your gardening containers and require little attention. The best places to grow your herb plants is in a sunny and warm environment. The easiest way to start growing your own herbs is by purchasing the herb plants from your local nursery and placing them in your gardening containers at least 5-10 inches deep. Make sure that if you are growing multiple plants that you space the plants at least 3-4 inches from each other.

You want to make sure that you also use a 6" pot at least for the best results in your herb plants. You want to make sure that you water your herb plants sparingly because herbs do not grow well in wet soil. Before you know it you will be filling your home with home grown herbs that will not only spruce up your meals but save you a ton of money from purchasing herbs from the store!

Now, let's take a look at some of the easiest flowers to grow in your gardening containers. The first set of flowers will require full shade for the best growth.

## Full Shade Needed

### *Patience*

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This type of flower are low-mounding bloomers. For the most part these types of flowers love the warmth, however not direct sunlight. Make sure that you place your gardening container in a well shaded area such as a patio or deck with an awning.

If your one of the lucky souls that live in a warmer climate area, the flowers will be present all year round and can get very tall. For cooler climates you want to keep your flowers in a well shaded area in your home and away from the cold.

Make sure that you water your flowers frequently and keep the soil moist at all times.

### *Ferns*

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There are many different types and variations of ferns that love the shade. They love a ton of water too!

So make sure that if you are planting a fern plant that you give it an ample amount of water. Ferns can grow to be very large plants, however once they get too big for your gardening container you might want to consider splitting the fern plant and placing it into another gardening container.

Fern plants are very good producers so you may start off with one beautiful plant and end up with 3 or 4 in time. Ferns do not need a whole lot of attention, just make sure they receive an ample amount of water for best results!

### *Hostas*

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Are another type of plant that is very easy to grow from gardening containers. Hostas love shade, but they also like full sunlight as well, which makes growing hostas in a gardening container very convenient. You can then relocate your fern throughout the day to give them an ample amount of sunlight and shade as well.

Hostas also love water, so you want to make sure that you water them frequently. Hostas can get fairly big in time so make sure that you choose a container that will give it room to grow and just like ferns you can also split your hostas once they have overgrown their container and the split portion in another gardening container.

Hostas not only bloom big leaves but spikes of white or lilac during the summer time. This could grow to be a great addition to your gardening container collection!

In the next section, we will go over the flowers that require partial shade.

## Partial Shade

### *Marigolds*

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Are a popular flower to choose to place in gardening containers. They provide you with bright yellow to orange flowers. They are also very easy to maintain and require little attention. Make sure that you give them an adequate amount of both shade and sun and keep the soil moist.

### *Coleus Painted Nettle*

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These types of flowers can be found in a variety of colors such as reds, purples, greens, and yellow. They can also grow more than 18 inches! These flowers are very easy to take care of and also require a substantial amount of sunlight and shade as well. You can water your flowers daily, but don't soak your soil too much as this can wilt your flowers as well.

### *Caladium*

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These types of flowers can also be found in a wide variety of colors such as white, pink, green, and red. It is advised that you grow these types of flowers in separate containers because they can spread and become very full! Make sure that you give them both shade and sunlight as well as needs watering once daily.

### *Lady Mantle*

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Is another popular flower to grow from a gardening container. They come in many different colors and are what many gardeners call “low growers.” Make sure that you give them half day shade and half day sun for maximum growth and a potted plant that will bring beauty to every inch of your home!

Now let's take a look at some of the easiest flowers to grow that require full sun exposure.

## Full Sun

### *African Daisy*

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Create beautiful blooms and grow very well in gardening containers. You want to make sure that you give them an ample amount of sun exposure for best results and water daily to keep the soil as moist as possible.

### *Geranium*

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These beautiful little flowers can be found in a variety of different colors and are excellent gardening container flowers. Although they require full sun, you want to alternate giving them full sun and partial shade. Petunias are also much like a Geranium and have the same needs. Both types of flowers can prove to be a wonderful addition to your gardening containers and your home as well.

### *Mandevilla*

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Are also a great option when it comes to garden containers. This type of flower is a tropical flower and can be found in very bright colors. These beautiful flowers do require full sun however for best results as well as an adequate amount of water.

Although there are many different types of vegetables, herbs, and flowers that can be planted in your gardening containers these are just a few of the best ones that you can guarantee success with!

## Helpful Container Gardening Tips

Although there are a ton of tips when it comes to gardening, there are a ton more when it comes to container gardening! Let's take a look at some of the most helpful tips you can live by when it comes to creating your very own container garden!

### *Make Sure To Choose Compact Plants*

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Although you can grow virtually anything in containers when it comes to vegetables, flowers, and herbs, it is a wise choice to make sure that you choose compact plants that won't easily overgrow their containers.

You also want to make sure that you choose a plant that is low maintenance. Although there will always be some maintenance when it comes to growing anything naturally, however there are plants that require specific steps to ensure that they grow successfully.

When it comes to herbs, because they are a rather smaller plant than your general vegetable plant, you can group herb plants together in a larger pot.

### *Create Your Very Own Container Gardening Theme*

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What better way to create your own garden than to provide your garden with a theme.

Although this has a whole lot to do with appearance more less, your goal is to create a beautiful garden in the end and one that your friends would kill for.

You can theme your garden many different ways, such as the specific containers that you use. You can also monetize your containers by adding your very own touch. Be proud of your container garden and spruce it up a bit! Use various paints and correlate your own designs that fit your garden.

### *Why A Container Garden?*

There are many different reasons for choosing to create a container garden, whether it is to save some much needed space that you really don't have or to save money the next time you go grocery shopping. Regardless, container gardening is becoming increasingly more and more popular through the years! So why not jump on the band wagon and get your green thumb through container gardening!

Container gardening has also become more convenient for many because they are able to change the positioning of their plants in their garden easily. In an average garden you can't move things around, once they are set, they are set. However, when it comes to container gardening you can now bask in the glory of having the ability to arrange your containers as you wish... unless they are too heavy to move of course.

Container gardening also gives you the ability to provide your plants with the best soil! Many gardeners that choose to make their gardens outside don't have this luxury, unless of course they wish to purchase a ton of money on soil each year. And let's not forget about those dreaded weeds! When you choose container gardening over average gardening techniques you don't have to waste your valuable time plucking those awful weeds bringing your garden to shambles!

Container gardening is also a great way to get the entire family incorporated. Many families have found this a great activity for all ages and a great way to spend quality family time. Plus, the kids will love checking and watching the growth of their very own container!

### *You Are What You Eat They Always Say*

This is no different when it comes to container gardening! Wouldn't you love the fact of knowing that you grew your very own food without all those nasty chemicals! For the most part many people choose to do container gardening for this simple fact.

A lot of the times when produce is purchased and sold in your local grocers they have more than likely been subjected to various pesticides and are not always ensured to be full ripeness. Point blank... home grown vegetables taste better, look better, and don't have the added chemicals that most produce is subject to.

### *Instant Money Savers*

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Many people don't realize exactly how much money can truly be saved when growing their own vegetables. Think about how much you spend per year on vegetables at your grocery store. Think of all the money that you can be saving yourself the next time you go grocery shopping by knocking produce off the list! Not only that but you can grow larger quantities that can be frozen and used at a later date!

### *Get Started!*

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There are so many benefits when it comes to container gardening and a great option for anyone that has an interest in growing their own plants. Although there are many different aspects that need to be looked at before diving you, once you have mastered your “green thumb” skills to a “t”, then you will find this a great hobby for both you and your entire family!

## Conclusion

Alright, so now that we have went over all of the aspects to container gardening, your next step is to of course get started! There are so many reasons why people choose to get into the hobby of container gardening, whether it is that they have limited space, no yard at all, or want a less expensive approach to growing plants that they love and can use for food.

Container gardening allows you the ability to use high quality soil and in turn produces better plants and vegetables. With traditional gardens you would normally have to use the ground dirt, unless you opt-in to purchasing soil a placing in your traditional garden, which can be very expensive. Most of the time you will also need an amended soil as well which can be a bit on the pricey side as well.

Although when you are creating a traditional garden, you would normally want to place your garden where it gets both sun and shade as well. With container gardening this becomes more

convenient because you have the ability to move your containers around as needed to suit their particular needs when it comes to shade exposure and sun exposure, unless of course the container itself is too heavy to move. For the many people that would love to change up their garden to go with a particular theme, this can be easily done with container gardening. A traditional garden does not however give you this luxury, at least not as simply performed as with containers.

With all of this said, container gardening gives you a win-win situation and the reason why many people would prefer to create their very own container garden versus a traditional garden. Not only will you save yourself time and money but you will also find it more convenient all around.

So if you are interested in plant life and want to try your “thumb” at container gardening then start your research now! Find out what types of plants and vegetables that you would like to include in your container garden, find out what specific needs and care each type of plant needs, choose a container that will be suitable for your plant and its growth, frequently water your plants, and make sure that they receive an adequate amount of sunlight. It really is that easy!

Before you know it you will have your very own container garden to call your own and something that even the entire family could be involved in. Create your very own containers or have your kids decorate their very own pot and plant their own plants. They will love watching its progression and growth!

Container gardening all around is a better option when it comes to gardening and should be considered when deciding to grow your very own plants. Not only is it less expensive, doesn't take up as much space, and can be easily moved or shifted as you please, but container gardening is also something that you will find fun, interesting, and a great way to earn your “green thumb” the right way! So what are you waiting for? Get started now and start enjoying the fun and beauty of container gardening!